

# August 2024

## Breakfast K-12

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

				1		2			
Canned Fruit in Light Syrup WG = Whole Grain				Blue Cornbread with Jelly Sauteed bell pepper, onions Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Egg & Cheese Breakfast Taco Salsa Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk			
5		6		7		8		9	
Cereal: Honey Nut Cheerios Yogurt Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Egg & Potato Breakfast Taco Salsa Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		French Toast Sticks Syrup Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		WG Turkey Sausage Breakfast Pizza Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		WG Blueberry Muffin Hardboiled Egg Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	
12		13		14		15		16	
Omelet WG English Muffin Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Cereal: Honey Nut Cheerios Yogurt Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Seasonal Fruit and Yogurt Parfait Graham Crackers 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Sausage/Pancake on a Stick Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		WG Turkey Sausage Breakfast Pizza Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	
19		20		21		22		23	
Bean and Cheese Burrito WG Tortilla Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Seasonal Fruit and Yogurt Parfait Graham Crackers 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Blue Cornbread with Jelly Sauteed bell pepper onions Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Cereal: Cinnamon Toast Crunch Cheese Stick Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Scrambled Eggs w/ WG buttered toast Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	
26		27		28		29		30	
Sausage/Pancake on a Stick Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Hash Browns Turkey Sausage WG Tortilla Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Omelet WG English Muffin Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		Breakfast Sandwich Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk		WG Bagel Cream Cheese Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	

**Note: Menus are subject to change due to product availability.**  
 "This institution is an equal opportunity provider."



# August 2024

K-8

Monday

Tuesday

Wednesday

Thursday

Friday

1					2				
<b>ENTRÉE w/ GRAIN- BLUE</b> <b>GREEN VEG- GREEN</b> <b>FRUIT- PINK</b> <b>RED/ORANGE- RED</b> <b>STARCHY VEG- YELLOW</b> <b>OTHER VEG- ORANGE</b> Canned Fruit in Light Syrup WG = Whole Grain				Bison Sliders Tasty Tots Lettuce, tomato, pickle Melon Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	Beef Mac Casserole Cheesy WG Breadstick Sautéed Spinach Peach Cup WG Breadstick 1% Lowfat White Milk or Nonfat Chocolate Milk				
5		6		7		8		9	
Pepperoni Pizza WG Garlic Bread Broccoli Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk		Meatloaf Mashed potatoes w/ gravy Black Bean Salad Mixed Fruit WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk		Green Chile Posole Blue Corn Bread Carot Sticks Pear Halves 1% Lowfat White Milk or Nonfat Chocolate Milk		Bean Burrito Bowl w/ Brown Rice WG Tortilla Green Peas Whole Apple 1% Lowfat White Milk or Nonfat Chocolate Milk		Chicken Tenders Sweet Potato Fries Vegetable Medley Mandarin oranges Banana Bread Square 1% Lowfat White Milk or Nonfat Chocolate Milk	
12		13		14		15		16	
Tostada Dippers Spanish Rice Shredded Lettuce Cherry Tomatoes Salsa Cup Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk		Bison Mac Cheesy WG Breadstick Sautéed Spinach Peach Cup WG Breadstick 1% Lowfat White Milk or Nonfat Chocolate Milk		Steak Fingers WG Roll Steamed Corn Sautéed Zucchini Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk		Pepperoni Pizza WG Garlic Bread Broccoli Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk		Teriyaki Chicken w/ Fried Rice Bean Soup Broccoli Mixed Fruit 1% Lowfat White Milk or Nonfat Chocolate Milk	
19		20		21		22		23	
Bison Cheeseburger on WG Bun Lettuce, Tomato slice Mustard, Mayo, Ketchup Sweet Potato Fries Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk		Pork Choppette Pasta Salad w/ veggies Seasoned potatoes Whole Orange 1% Lowfat White Milk or Nonfat Chocolate Milk		Beef Fajitas w/ Spanish Rice Sautéed bell pepper onions Applesauce 1% Lowfat White Milk or Nonfat Chocolate Milk		Chicken Alfredo with Penne Pasta Broccoli Mixed Fruit WG Garlic Toast 1% Lowfat White Milk or Nonfat Chocolate Milk		Taco Soup w/ tomatoes & corn Refried Beans WG Tortilla Pear Halves 1% Lowfat White Milk or Nonfat Chocolate Milk	
26		27		28		29		30	
Steak Fingers WG Roll Sautéed Spinach Sautéed Zucchini Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk		Beef and Broccoli w/ Brown Rice Bean Soup Mixed Fruit 1% Lowfat White Milk or Nonfat Chocolate Milk		WG Spaghetti w/ Meat Sauce Garden Salad Carrot Sticks, Dressing Orange Slices 1% Lowfat White Milk or Nonfat Chocolate Milk		Tostada Dippers Spanish Rice Shredded Lettuce Cherry Tomatoes Salsa Cup Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk		Pulled Pork on WG Bun Seasoned potatoes Steamed Cauliflower Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	

Note: Menus are subject to change due to product availability.  
 "This institution is an equal opportunity provider."



# August 2024

## HS

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

				1		2			
<b>ENTRÉE w/ GRAIN- BLUE</b> <b>GREEN VEG- GREEN</b> <b>FRUIT- PINK</b> <b>RED/ORANGE- RED</b> <b>STARCHY VEG- YELLOW</b> <b>OTHER VEG- ORANGE</b> Canned Fruit in Light Syrup WG = Whole Grain 0				Bison Sliders Tasty Tots Lettuce, tomato, pickle Melon Cup Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk	Beef Mac Casserole Cheesy WG Breadstick Sautéed Spinach Corn Salad Peach Cup Apple slices WG Breadstick 1% Lowfat White Milk or Nonfat Chocolate Milk				
5		6		7		8		9	
Pepperoni Pizza WG Garlic Bread Broccoli Pineapple Tidbits Orange slices 1% Lowfat White Milk or Nonfat Chocolate Milk		Meatloaf Mashed potatoes w/ gravy Black Bean Salad Mixed Fruit Peach Cup WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk		Green Chile Posole Blue Corn Bread Carrot Sticks Pear Halved Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk		Bean Burrito Bowl w/ Brown Rice WG Tortilla Green Peas Whole Apple Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk		Chicken Tenders Sweet Potato Fries Vegetable Medley Mandarin oranges Applesauce Banana Bread Square 1% Lowfat White Milk or Nonfat Chocolate Milk	
12		13		14		15		16	
Tostada Dippers Spanish Rice Shredded Lettuce Cherry Tomatoes Salsa Cup Grapes Pear Halves 1% Lowfat White Milk or Nonfat Chocolate Milk		Bison Mac Cheesy WG Breadstick Sautéed Spinach Corn Salad Peach Cup Apple slices WG Breadstick 1% Lowfat White Milk or Nonfat Chocolate Milk		Steak Fingers WG Roll Steamed Corn Sautéed Zucchini Pineapple Tidbits Mandarin Oranges 1% Lowfat White Milk or Nonfat Chocolate Milk		Pepperoni Pizza WG Garlic Bread Broccoli Pineapple Tidbits Orange slices 1% Lowfat White Milk or Nonfat Chocolate Milk		Teriyaki Chicken w/ Fried Rice Bean Soup Broccoli Mixed Fruit Whole Apple 1% Lowfat White Milk or Nonfat Chocolate Milk	
19		20		21		22		23	
Bison Cheeseburger on WG Bun Lettuce, Tomato slice Mustard, Mayo, Ketchup Sweet Potato Fries Grapes Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk		Pork Choppette Pasta Salad w/ veggies Seasoned potatoes Whole Orange Mixed Fruit WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk		Beef Fajitas w/ Spanish Rice Sautéed bell pepper onions Applesauce Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk		Chicken Alfredo with Penne Pasta Broccoli Mixed Fruit Orange Slices WG Garlic Toast 1% Lowfat White Milk or Nonfat Chocolate Milk		Taco Soup w/ tomatoes & corn Refried Beans WG Tortilla Pear Halves Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	
26		27		28		29		30	
Steak Fingers WG Roll Sautéed Spinach Sautéed Zucchini Pineapple Tidbits Mandarin Oranges 1% Lowfat White Milk or Nonfat Chocolate Milk		Beef and Broccoli w/ Brown Rice Bean Soup Mixed Fruit Whole Apple 1% Lowfat White Milk or Nonfat Chocolate Milk		WG Spaghetti w/ Meat Sauce Garden Salad Carrot Sticks, Dressing Orange Slices Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk		Tostada Dippers Spanish Rice Shredded Lettuce Cherry Tomatoes Salsa Cup Grapes Pear Halves 1% Lowfat White Milk or Nonfat Chocolate Milk		Pulled Pork on WG Bun Seasoned potatoes Steamed Cauliflower Peach Cup Applesauce 1% Lowfat White Milk or Nonfat Chocolate Milk	

**Note: Menus are subject to change due to product availability.**  
 "This institution is an equal opportunity provider."

